

The history of Greek athletics as it pertains to the Olympics. Describes various activities such as boxing, wrestling, etc. and accounts from witnesses, the Iliad, etc. as they pertain to famous Greeks and events. He discusses Greek views of physical appearance and fitness as they pertain to the games and society and also how and why individual city-states chose to participate (or not) in the Olympics. (Summary by Heather Eney)

Read by Heather Eney. Total running time: 3:06:16

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